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Выпадающий список:

1.  Celebrations

2.  Food

3.  Travelling

4.  Geography

5.  Animal facts

6.  Weather

**A.** Russia consists of several continental zones. For example, in the north winters are long and harsh, in some places there is lots of snow fall and temperatures fall below −40 degrees Celsius. These winters are normal, not only in the northern regions of the country but even in the Far East. Summers in these areas don’t even see three warm months out of the year.

**B.** Choose the incredible New Year tours to cold Lapland, which are the perfect combination of comfort and adventure. They are ideal for those who may be new to husky sledding or winter holidays. You will enjoy the beauty of Lapland as you drive your own dog sled team through landscapes including huge mountains, mysterious forests, deserted tundra and frozen lakes.

**C.** You may not know this, but Finland has a very interesting diversity of local dishes. Fish and meat are important ingredients in some areas, and oats, berries, and milk are common in other regions. An iconic Finnish dish visitors should try, especially in the summer, is “grillimakkara”, which are large grilled sausages eaten with mustard. They are delicious.

**D.** The New Year is one of the most important holidays on the Russian calendar. New Year in Russia is a time for being together with family and friends, for gift giving, decorating the New Year tree, and watching and setting off fireworks. Midnight is, by tradition, marked by listening to the Russian Federation President’s greeting and Kremlin bells chime.

**E.** The Siberian Husky is a beautiful dog with a thick coat that comes in a multitude of colour sand markings. Their blue or multi-coloured eyes add to the appeal of this breed, which originated in Siberia. It is easy to see why many people are enchanted by the Husky, but beware that this athletic, intelligent dog can be independent and challenging for first-time dog owners.

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Выпадающий список:

1.  Celebrations

2.  Food

3.  Travel guide

4.  Geography

5.  Advice

6.  History of fashion

**A.** As the world’s biggest country, everything about Russia seems larger than life. The country covers more than one eighth of the Earth’s inhabited land area and spans nine time zones  — creating a diverse range of environments, people, and culture. Russia also has the world’s largest reserves of mineral and energy resources and its lakes contain about one quarter of the world’s fresh water.

**B.** Levi is one of the most popular ski resorts in Finland, which provides great facilities for an active holiday in winter. The winter season is the best time to enjoy the frosty sceneries because snow is almost always guaranteed. Don’t also forget the many events that are organized in Levi! The biggest winter event, the Alpine Skiing World Cup, is famous for its international atmosphere.

**C.** Jeans, invented by Jacob Davis and Levi Strauss in 1873, were working clothes at first. They were made from durable materials and could last long. Men’s jeans had the zipper down the front, while women’s jeans had the zipper on the left side and both were designed to fit loosely and in form of overalls. With time jeans were changing looks but never got out of style.

**D.** Bread cheese is a typical dessert from Northern Finland. Made out of cow milk, bread cheese has a very unique texture. In the old days, this dish was so appreciated thatit was given as a salary to people working in the fields during the summer harvest. Now this dessert is served with sour berries, and it goes really well with coffee. It is a must try for alldessert fans!

**E.** In Russia, March is the time for the Maslenitsa Festival. This festival celebrates the end of the cold and the start of warmth, of hope, and of growth. It is considered one of the most traditional holidays of the year, so people, especially children, like to wear traditional costumes. Usually it is a dress which contains many layers. The most traditional colour is red.

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Выпадающий список:

1.  Free time

2.  Food

3.  Advice

4.  Sightseeing

5.  Animal facts

6.  Weather

**A.** Russian summers are warm, but cities such as Moscow (and even those as far east as Tomsk), can experience intense heat waves that drive residents out of doors, and in some cases, out of town. High humidity makes the summers feel even hotter. Brief showers occur unexpectedly; it’s good to carry a small travel umbrella with you even on the sunniest days.

**B.** Fish is a major ingredient in the Finnish cuisine. The large amount of lakes and rivers provide interesting opportunities to catch your own delicious dinner and prepare it on open fire. There is one dish Finns particularly love to prepare when spending time in their summer cottages: the smoked white fish. Whitefish can be caught in lakes, rivers and the Baltic Sea.

**C.** When you’re sightseeing or touring in the summer, be sure to remember to wear sunblock. Getting sunburned early in your trip will make the rest of your visit less pleasant. Don’t forget to protect your ears, the back of your knees, face, and other areas of exposed skin with a good-quality sunscreen that will last throughout the day. Be sure that your clothing is breathable.

**D.** Russians prefer escaping from the noisy city on the weekends or for a vacation to enjoy their summer cottage, or dacha. Dachas are located on the outskirts of cities and towns. Some Russians maintain beautiful gardens there, but the intention of the dacha is to provide a place away from the heat and noise of the city where families can relax and commune with nature.

**E.** Some sharks seem to eat all the time. For example, the Great White Shark is always on the hunt: in a year it eats 11 tons of food! To compare, an average person eats half a ton of food per year. Most sharks eat a meal every couple of days. If necessary, though, they can go for a few weeks without eating. Like people, sharks can store extra energy as fat, for use later when food is limited.

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Выпадающий список:

1.  Animal facts

2.  Geography

3.  Culture

4.  Food

5.  Weather

6.  History

**A.** Most of Russia has a continental climate, with long, cold winters and brief summers. There is a wide range of summer and winter temperatures. A record low temperature of −71 °C was registered in 1974 at the northeast Siberian village of Oymyakon, which is the lowest temperature ever recorded anywhere in the world for an inhabited region.

**B.** We usually don’t think about ice too much, unless there’s none in the freezer and all we have to drink is a warm can of Coke. Before the invention of artificial refrigeration in the early 1900s, ice was the only way to keep things cool and food from spoiling. While there were ice-making machines in use in the mid- to late-1800’s, they were mostly for

commercial use.

**C.** Traditionally, Russian clothing had two main colours  — the natural colour of the material  — white, and red. «Red» is the same word that was used in the old days to call everything beautiful. That is, red elements in clothing became beautiful elements. Interaction with nature led to the appearance of very interesting new colours in Russian clothing: yellow, gold, blue and many others.

**D.** Polar bears live along shores and on sea ice in the icy cold Arctic. When sea ice forms over the ocean in cold weather, many polar bears head out onto the ice to hunt seals. Male polar bears may grow 10 feet tall and weigh over 1400 pounds. Females reach seven feet and weigh more than 650 pounds. In the wild polar bears live up to age 25.

**E.** Stroganina is a raw frozen fish delicacy from Yakutia, in northern Russia. It is a winter dish, consisting of long, thin slices of frozen Arctic river fish such as white fish, white salmon or sturgeon. It is sometimes decorated with wild red berries and greens. Some of the best stroganina is made of freshly caught fish, frozen once. The taste, according to Yakutians, is soft, fresh and frosty.

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Выпадающий список:

1.  Weather

2.  Advice

3.  Famous people

4.  Hobbies

5.  Geography

6.  History

**A.** There are a few reasons why one should go to Russia during the winter: it’s easier to get tickets to the top ballets and operas, and there are no crowds at other tourist attractions. Those visiting in winter should take along their warmest clothes: It’s bitterly cold (Moscow is as far north as southern Alaska) and quite dry. We recommend a long warm coat –the best you can afford.

**B.** Jamie Oliver is a genius in the world of food. He is one of the world’s best-loved television personalities. Jamie has inspired millions of people to spend more time enjoying being in thekitchen  — and even start growing their own food! His programs have now been broadcast in over 50 countries, delivering delicious Jamie Oliver recipes to his fans.

**C.** London is famous for one of the mildest climates in the UK. However, Londoners are used to carrying both an umbrella and sunglasses to be prepared for any situation! The number of rainy days there is consistent throughout the year, with between 11 and 15 rainy days every month. Overall rainfall is highest in November and August and is lowest in March and April.

**D.** One of the best things about cooking is that there are lots of different things you can do. There are so many different areas you can go into. If you want, you can take up baking and cake decorating. You can try your hand at creating dishes from specific countries; there are so many national cuisines. One thing’s for certain; you won’t get bored quickly.

**E.** Russians have always eaten vegetables, such as turnips, cabbage, radish, and cucumbers. Since the 18th century, the potato began to play an ever more important role as one of the most loved ingredients in Russian dishes. At the beginning of the 19th century, Russian cooks started serving food with sauces in the manner that French cuisine had long been famous for.

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Выпадающий список:

1.  Jobs

2.  Food

3.  Transport

4.  Free time

5.  Education

6.  History

**A.** A full course of study at the Russian school takes 11 years. It aims to develop the abilities that will allow a student to adapt to life in society as well as to choose their future profession. Every school teaches academic subjects such as literature, the Russian language, history, maths and sciences. In addition, there are specialized schools concentrating on specific subjects.

**B.** Many young people all over the world want to be flight attendants. This career path has a huge amount of benefits. For example, flight attendants are able to fly around the world, explore new places and get to meet new cultures. This profession broadens your horizons and improves your communicating skills. Despite some drawbacks, the advantages outweigh everything.

**C.** The first recorded use of standardized dress in education was in England in 1222. However, the origin of the modern school uniform can be traced to the 16th century England, when the children attending the Christ’s Hospital boarding school wore blue cloaks along with yellow stockings. In later centuries, school uniforms became associated with the upper class.

**D.** It is easy to come to Russia. You can fly to Moscow and St. Petersburg from most major international airports. However, if there isn’t a direct flight to other Russian cities from your closest airport, you can usually take a connecting flight. There are a lot of modern and comfortable airports in Russia. Most airlines serve a nice dinner to make your flight enjoyable.

**E.** Many airlines offer food to their passengers depending upon the class of travel. Food may be served on one tray or in multiple courses with no tray. Often the dishes are reflective of the culture of the country the airline is based in. An airline dinner typically includes meat (most commonly chicken or beef), fish or pasta, a salad or a vegetable, and a dessert.

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Выпадающий список:

1.  Fashion

2.  Animal facts

3.  Hobbies

4.  Geography

5.  Food

6.  Famous people

**A.** The most outstanding figure in the Russian education of the eighteenth century was Mikhail Lomonosov (1711–1765), the first Russian scientist and scholar of worldwide significance. He was also a poet, philologist, artist, and historian. He initiated numerous scientific, technical, and cultural innovations and devoted great efforts to the development of the Russian Academy of Sciences.

**B.** Cooking is simply fun. It’s fun to do on your own or as a family. Get your children in the kitchen cooking with you; it’s a wonderful way to bond. Whether you bake a cake, make simple milkshake, or arrange a fruit salad, remember that you are creating lasting memories, all while adopting healthy eating habits in your family. It’s a perfect activity to pick up!

**C.** Giant pandas are bears that are native to China, where they are considered a national treasure. The only remaining giant panda habitat is on the mountainous edge of west China, the so-called «home of Giant Pandas». They live in bamboo forest on humid and relatively high mountains. There are over 50 nature reserves in China to protect Giant pandas’ living habitat.

**D.** Throughout the years the airline uniforms have changed a lot. Nowadays there is a variety of different styles or even traditional suits for stewards and flight attendants. Some of the airlines dress their flight attendants with a really stylish and glamorous outfit  — many famous designers have created models for different airlines. It is important to make uniforms that areattractive.

**E.** Krasnoyarsk is a large scientific and cultural centre of Eastern Siberia, besides it is thelargest Siberian port on the Yenisei River. The city was founded in 1628 by Russian explorers. The variety and beauty of the Krasnoyarsk Region are striking  — high mountains and deep canyons, the boundless and thick taiga where one can see ermines, polar foxes, deer and bears.

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Выпадающий список:

1.  Literature

2.  Historical facts

3.  Outstanding people

4.  Good manners

5.  Souvenirs

6.  Places to stay

**A.** Lapta, a traditional Russian sports game, is over four centuries old. Balls and bats dating back to the 14th century have been found among the ruins of Novgorod the Great. In the 18th century lapta was an important activity for physically preparing the soldiers of Peter the Great’s army. Later the game became a major pastime. Today lapta is not very popular.

**B.** Apologies are the way to build good friendships and relationships. When you say «I’m sorry» (and really mean it), it’s because you probably feel bad that something you did or said hurt another person. Saying you’re sorry is more than just words. You’re also saying that you respect the other person and you care about his or her feelings. Apologizing shows youh ave empathy.

**C.** The Russian doll, or matryoshka, to use the Russian name, is one of the most recognizable symbols of Russia. It as an example of the nation’s ancient traditions of woodworking and decorative handicrafts. There has always been a demand for the matryoshka, both as children’s toy and as a gift, and the doll has always been a symbol of the family.

**D.** Anna Lawrence is a fantastic storyteller and the truth behind the character’s family creates mystery for the reader. The book reflects the social problems of the city where the action takes place. But what really makes the author’s style special is her skill of describing the characters; they are real humans in search of their identity and place in the world.

**E.** The Stol by nature reserve is one of the most popular tourism destinations in Siberia. We recommend booking a nice cottage when you go there. There are separate small cottages for six and eight people, and a hostel. The cottages area is called ‘the village’ and is a bit of a hike from the reserve’s main reception buildings but there is a car service for when you first arrive with your luggage.

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